



## CATERING MENU

*2009*

We treasure our family's traditions that have been passed down to us from many generations of wonderful women.

The love of their families influenced their love of cooking.

**3 Sisters Casual Catering Co.** wants you to feel like part of our family, by serving you fresh, homemade, and delicious food for all of your occasions.

**740-879-3453**

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## Hors D'Oeuvre's

<u>Beef Tenderloin Tips</u> (50 pieces)	\$ 155
Served with Your Choice of Creamy Gorgonzola or Horseradish Sauce	
<u>Shrimp Cocktail Tray</u> (150 pieces)	\$ 155
Jumbo Shrimp served with Homemade Cocktail Sauce	
<u>Bacon Wrapped Shrimp</u> (50 pieces)	\$ 105
Jumbo Marinated BBQ Shrimp Wrapped in Smoked Bacon	
<u>Stuffed Cubanelle Peppers</u> (50 pieces)	\$ 105
Cubanelle Peppers Stuffed with our Homemade Sausage and Ricotta Cheese Mixture and baked until golden	
<u>Fried Cheese with Marinara</u> (50 pieces)	\$ 75
Thick Slices of Breaded Mozzarella Fried to a Golden Brown and Topped with Our Signature Marinara	
<u>Stuffed Mushrooms</u> (100 pieces)	\$ 75
Mushrooms Caps Stuffed with your Choice of Crab or Spinach, Cheeses and Seasoned Breadcrumbs	
<u>Chicken Fingers</u> (50 pieces)	\$ 75
Tenderloins Breaded, Seasoned and Fried to a Golden Brown Served With Your Choice Dipping Sauce	
<u>Sausage and Peppers</u> (100 pieces)	\$ 75
Italian Sausage Cooked in tomato sauce seasoned with fresh peppers & onions,	
<u>Fresh Mozzarella with Tomato &amp; Basil</u> (50 pieces)	\$ 75
Fresh Mozzarella topped with Fresh Tomatoes, Basil and Drizzled with olive Oil. Served with toasted baguette	
<u>Mini Eggrolls</u> (50 pieces)	\$ 75
Fresh vegetables and baby shrimp Hand wrapped in wontons. Served with dipping sauces	
<u>Marinated Cheeses</u> (50 pieces)	\$ 50
A combination of cheddar and cream cheese slices, topped with oil, vinegar, diced tomatoes, green onion, garlic, basil & spices. Served with baguettes	
<u>Bruschetta</u> (100 pieces)	\$ 50
Fresh Diced Roma Tomatoes and a Mix of Garlic, Fresh Mozzarella & Basil. Baguettes served on the side.	
<u>Wing Trays</u>	(40 wings) \$ 40    (80 wings) \$ 75
Sweet BBQ	
Asian Teriyaki	
Buffalo Ranch	
Herb Garlic	
<u>Savory Cheese dips:</u>	(1/2 pan size) \$ 35
Spinach Artichoke	
Buffalo Chicken Ranch	
Taco Pizza	
Pepperoni Pizza	
Served with your choice of baguettes or tortilla chips.	



# Homemade Pasta

	<u>Full Pan</u>	<u>1/2 Pan</u>
<u>Lasagna</u> Homemade Noodles layered with Crumbled Italian Sausage and ground Sirloin, a Mixture of Cheeses, and Our Homemade Red Sauce	\$ 89	\$ 45
<u>Vegetable Lasagna</u> Homemade Noodles layered with Spinach, Carrots, Broccoli, Cauliflower, a Mixture of Cheeses and our homemade Cream Sauce	\$ 89	\$ 45
<u>Jumbo Crab Ravioli</u> Homemade Ravioli Stuffed with a Mixture of Cheeses and Crab Topped with Our Homemade Cream Sauce	\$ 89	\$ 45
<u>Jumbo Cheese Ravioli</u> Homemade Ravioli Stuffed with a Mixture of Cheeses and Topped with Our Marinara Sauce	\$ 79	\$ 45
<u>Cheese Tortellini in "Pink Sauce"</u> Cheese filled Tortellini in our Signature "pink Sauce" (A combination of our red and cream sauces), Bacon, Onions and Mushrooms.	\$ 89	\$ 45
<u>Cavatelli</u> Handmade Cavatelli (small shell shaped pasta) Topped with our Homemade Red Sauce and parmigiano Cheese, served with mini meatballs (100 full pans ,50 1/2 pans).	\$ 79	\$ 45
<u>Spaghetti with Meatballs</u> Handmade Spaghetti noodles topped with our red sauce and parmigiano Cheese, served with mini meatballs (100 full pans ,50 1/2 pans).	\$ 79	\$ 45
<u>Eggplant Parmigiano</u> Lightly breaded sliced eggplant, seasoned and deep fried to a crisp. Topped with our red sauce ,mozzarella and parmigiano cheeses.	\$ 79	\$ 45
<u>Fettuccini Alfredo</u> A blend of butter, cream and parmigiano cheese on a bed of handmade egg fettuccini noodles.	\$ 79	\$ 45
<u>Chicken Pesto Fettuccini</u> Our egg fettuccini noodles topped with homemade pesto sauce and grilled chicken breast.	\$ 89	\$ 45
<u>Broccolini</u> Cavatelli with butter, broccoli florets and parmigiano cheese	\$ 79	\$ 45

Homemade Meatballs by the Pan (100) \$69

Extra Sauce :            pint. \$5    quart. \$10    gallon. \$20



\*All noodles are made from scratch using the finest ingredients

## Main Courses

	<u>Full Pan</u>
<u>Beef Tenderloin Filets</u>	\$ 179
Seasoned whole beef tenderloin, Sliced into 4 or 8 ounce filets.	
<u>Italian Roast Beef</u>	\$ 89
Shredded top round , sautéed peppers, onions and mushrooms, slow cooked in Au jus.	
<u>Beef Briskit</u>	\$ 89
Slow roasted, seasoned briskit. Perfect for sandwiches!	
<u>Leg of Lamb with Roasted Garlic</u>	\$ 89
Leg of Lamb, Stuffed with garlic and herbs, Roasted to medium rare	
<u>Sausage and Peppers</u>	\$ 89
Italian sweet or mild sausage, slow cooked in red sauce seasoned with fresh peppers, onions and garlic	
<u>Boneless Pork Tenderloin</u>	\$ 79
Slow roasted, Garlic stuffed and herb seasoned pork loin. Sliced into 4 ounce servings	
<u>Slow Roasted Pork Loin with Sauerkraut</u>	\$ 79
Whole bone-in pork loin , roasted in a bed of seasoned sauerkraut	
<u>BBQ Pulled Pork</u>	\$ 79
Seasoned pork, slow roasted and covered in a homemade BBQ sauce	
<u>Baked Ham</u>	\$ 79
Glazed with brown sugar	
<u>Chicken Parmigiano</u>	\$ 79
Breaded filets of chicken, seasoned and topped with red sauce, mozzarella and ptarmigan cheeses	
<u>Chicken Pesto</u>	\$ 79
Breaded filets of Chicken, seasoned and topped with our homemade pesto and a blend of cheeses	
<u>Chicken Marcela</u>	\$ 79
Breaded filets of chicken topped with mushroom wine sauce	
<u>Chicken Francoise</u>	\$ 79
Breaded filets of chicken topped with lemon, butter sauce	
<u>Italian Roasted Chicken</u>	\$ 79
White and dark pieces seasoned with garlic and a blend Italian herbs	
<u>Roasted Turkey Breast with Herb Rub</u>	\$ 79* (48 hour notice)
Oven roasted until golden brown, sliced & topped with delicious gravy	
<u>Baked White Fish in Lemon Butter</u>	\$ 89
Lightly seasoned with butter and lemon & baked until light and flaky	
<u>Salmon with Garlic Spice Rub</u>	\$ 89
Whole Boneless, Skinless Salmon rubbed with a blend of herbs and spices	

*Half pans are available upon request*

## Side Dishes

	<u>Full Pan</u>	<u>1/2 Pan</u>
<u>Pasta</u> (Penne, Spaghetti or bowties )	\$ 49	\$ 29
<u>Cheesy Macaroni and Cheese</u>	\$ 49	\$ 29
<u>Kluski</u> (Cabbage and Noodles)	\$ 49	\$ 29
<u>Cheesy AuGratin Potatoes</u>	\$ 49	\$ 29
<u>Garlic Mashed Potatoes</u>	\$ 49	\$ 29
<u>Sweet potato casserole</u>	\$ 49	\$ 29
<u>Traditional Stuffing</u>	\$ 49	\$ 29
<u>Sausage and Mushroom Stuffing</u>	\$ 49	\$ 29
<u>Italian Fried Greens</u>	\$ 49	\$ 29
<u>Fresh Zucchini, Cauliflower ,Baby carrots</u>	\$ 49	\$ 29
<u>Fresh Green Beans</u>	\$ 49	\$ 29
<u>Southern style green beans</u> (bacon & red onion)	\$ 49	\$ 29
<u>Broccoli florets</u>	\$ 49	\$ 29
<u>Caramelized Baby Carrots</u>	\$ 49	\$ 29

## Soups

<u>Wedding Soup</u>	Rich chicken broth with mini meatballs, shredded chicken breast & greens	\$ 25 gallon
<u>Chicken and Rice</u>	Our chicken broth with shredded chicken, the “trinity” (carrots, celery & onions) and rice	\$ 25 gallon
<u>Chicken Noodle</u>	Our chicken broth with shredded chicken, the “trinity” and wide egg noodles	\$ 25 gallon
<u>Beef Vegetable</u>	Rich beef broth with chunks of top sirloin and fresh vegetables	\$ 25 gallon
<u>Chicken Tortilla</u>	Creamy mix of chicken and cheese, with blended tomatoes, chilies, onions and garlic. Topped with crispy tortilla strips	\$ 25 gallon

## Side Salads

Traditional Potato salad	per lb. \$ 5	Cole Slaw	per lb. \$ 5
"Baked" Potato salad	per lb. \$ 5	Broccoli salad	per lb. \$ 5
Traditional Macaroni salad	per lb. \$ 5	Antipasto salad	per lb. \$ 7
Italian Macaroni salad	per lb. \$ 5	Chicken breast salad	per lb. \$ 7
Pasta salad	per lb. \$ 5	Crab Salad	per lb. \$ 7

	<u>Full Pan</u>	<u>1/2 Pan</u>
<b><u>Spinach Salad</u></b>	\$ 59	\$ 29
Crisp Baby Spinach, Thin sliced mushrooms, red onion, bacon crumbles & hard boiled eggs, served with homemade sweet mustard vinaigrette		
<b><u>Greens Salad</u></b>	\$ 59	\$ 29
A blend of Romaine and Iceberg lettuces, Tomatoes, Black olives, and Cucumbers, served with your choice of dressing		
<b><u>Caesar Salad</u></b>	\$ 59	\$ 29
Crisp Romaine lettuce, croutons and shaved asiago, served with creamy Caesar dressing		

## Party Trays

### Deluxe Cheese Tray

Fresh Mozzarella, Provolone, Hot pepper, Cheddar, Colby & Swiss  
Served with pepperoni, dipping sauce & cracker assortment

Serves 20-30     \$ 80

### Garden Vegetable Tray

Carrots, Celery, Broccoli, Green Peppers, Red Peppers, Cucumbers & Cherry tomatoes  
Served with ranch dipping sauce

Serves 20-30     \$ 65

### Fresh Fruit Tray

Watermelon, Cantaloupe, Melon, Pineapple, strawberries & Grapes  
Served with fruit dip

Serves 20-30     \$ 80

# Sandwich Platters

All American: Baked Ham, Oven Roasted Turkey,  
Corned Beef & Roast Beef  
American, Swiss & Pepper Jack Cheeses

Italian: Salami, Prosciutto, Capicola, Pepperoni, Italian & Roast Beef  
Provolone, Mozzarella & Hot Pepper  
Cheeses

Create your own tray:

Choose from any of the meats and cheeses (4 meats and 3 cheeses)

10 - 15 servings \$55

15 - 20 servings \$65

20 - 25 servings \$75

25 - 30 servings \$85

\*All trays include sandwiches pre-made on fresh rolls with lettuce & tomatoes

Condiment Tray Sliced tomatoes, sliced onions, leaf lettuce, brown mustard,  
mayonnaise, ketchup, horseradish

Small 10 - 25 servings \$25 Large 25 - 50 servings \$40

Relish Tray An assortment of pickles, olives & roasted red peppers

Small 10 - 25 servings \$25 Large 25 - 50 servings \$40

Muffaletta Spread Mix of Kalamata olives, onions, garlic, pepper rings, olive oil &  
seasonings

Small (pint) \$20

Large (quart) \$40



# Brunch

	<u>Full Pan</u>	<u>1/2 Pan</u>
<u>Traditional Egg Strata</u>	\$ 40	\$ 25
Layers of Bread, Egg, and Cheese With Your Choice of Ham, Bacon, Or Sausage.		
<u>French Toast Strata</u>	\$ 35	\$ 20
Layers of Bread, Egg, Cinnamon and Sugar. Served with Warm Maple Syrup		
<u>Potato Casserole</u>	\$ 35	\$ 20
Diced Red Skin Potatoes with Onions, Peppers, And Seasoning		
<u>Cheesy Potato Casserole</u>	\$ 35	\$ 20
Diced Golden Potatoes with Creamy Cheese Sauce		
<u>Fresh Warm Cinnamon Rolls</u>	\$ 35	\$ 20
Fresh Baked Cinnamon Rolls Topped with Icing Glaze. Full Pan 50 Rolls, Half Pan 24		
<u>Assorted Muffin Tray</u>	\$ 35	\$ 20
Blueberry, Lemon Poppy Seed, Banana Nut, and Cinnamon Swirl. Full Pan 4 dozens, Half Pan 2 Dozens		

- Banana Nut Bread\*                   \$ 7 a Loaf
- Zucchini Bread\*                   \$ 7 a Loaf
- Pumpkin Bread                   \$ 7 a Loaf
- Cinnamon Swirl Bread           \$ 7 a Loaf

\* Contains Walnuts





## Cookies

Brownie Bites  
Buckeyes  
Candy Cane Cookies  
Carmel Cups  
Chocolate Chip  
Chocolate Chip w/ Walnuts  
Chocolate Chuck  
Chocolate Thumbprint  
Clothes Pins  
Cream Cheese Cookies  
Gingerbread People  
Iced Sugar Cookies  
M&M  
Peanut Butter Kisses  
Snow balls  
Ultimate Chocolate Chip  
White Chocolate Macadamia Nut



## Biscotti



Double Chocolate  
Cinnamon & Spice  
Walnut Cappuccino  
Triple Chocolate  
Pumpkin Pie  
Chocolate Almond  
White Chocolate w/ Macadamia Nuts

**All Cookies & Biscotti are \$7 per dozen.**

Perfect for class parties, holidays or just to share with a friend!

\*6 or more dozens are served on a decorated platter.